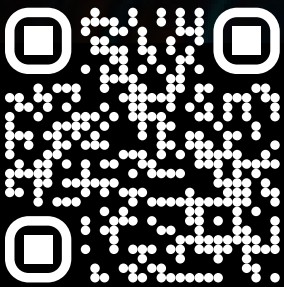




MUSCLE BLAST

ELEVATE YOUR POTENTIAL.

TRUST.
QUALITY.
PURITY.
RESULT.



SCAN FOR WEBSITE



100% PREMIUM WHEY



25G
PROTEIN

5.1G
BCAA

3.8G
GLUTAMINE

0G
SUGAR

Flavours available :



1KG
₹4099

2KG
₹7099

Nutrition Facts

Serving per container : 60
Serving Size : 1 Scoop (33g)

Nutrients	Amount Per Serving	Per 100g
Energy	129.42Kcal	392.18Kcal
Protein	25g	75.75g
Carbohydrates	2.9g	9.78g
Total Sugars	0g	0g
Added Sugars	0g	0g
Total Fat	1.98g	6g
Saturated Fatty Acids	1.38g	4.18g
Mono unsaturated Fatty Acids	0.48g	1.45g
Poly unsaturated Fatty Acids	0.12g	0.36g
Trans Fatty Acids	59.15mg	179mg
Cholesterol	0g	0g
Sodium	98mg	296mg
Fiber	0.9g	2.72g

Essential Amino Acids (100g)

Leucine	7.2g
Isoleucine	4.1g
Valine	4.1g
Threonine	4.8g
Phenylalanine	3.9g
Methionine	2.4g
Tryptophan	1.8g
Histidine	1.5g
Lysine	**

Semi Essential Amino Acids (per 100g)

Glycine	2.4g
Proline	3.8g
Tyrosine	2.4g
Arginine	2.1g
Cysteine	1.5g

Other Amino Acids (per 100g)

Glutamic Acid	11.7g
Aspartic Acid	7.7g
Alanine	4.8g
Serine	3.5g

Digestive Enzymes Blend (per 100g)

(Fungal Acid Protease, Papain, Bromelain, Lactase, Amytase, Cellulase)	409mg
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***% RDA values based on ICMR RDA for men sedentary activity.
***% RDA values are not established by ICMR.

MUSCLE BLAST

Nutrition Facts

Serving per container : 60 (Approx.)
Serving Size : 1 Scoop (33g)

Nutrients	Amount Per (100g)	Amount Per Serving
Energy	354.54Kcal	117Kcal
Protein	81.81mg	27g
Total Carbohydrates	0g	0g
Total Sugar	0.3g	0.1g
Added Sugar	0g	0g
Total Fat	3.03g	1g
Saturated Fat	0.75g	0.25g
Trans Fat	0g	0g
Cholesterol	21.3mg	7mg
Potassium	575.7mg	190mg
Sodium	333.3mg	110mg

Digestive Enzymes Blend

(Fungal Acid Protease, Papain, Bromelain, Lactase, Amylase, Cellulase)	303mg	100mg
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Essential Amino Acids 12.32g

Tryptophan	0.45g
Valine	1.33g
Isoleucine	1.6g
Leucine	2.8g
Lysine	2.8g
Phenylalanine	0.84g
Methionine	0.57g
Threonine	1.93g

Nonessential Amino Acids (NAAs) 5.64g

Aspartic Acid	2.8g
Serine	1.07g
Glycine	0.45g
Alanine	1.32g

Conditionally Essential Amino Acids 9.04g

Arginine	0.6g
Cystine	0.74g
Tyrosine	0.77g
Histidine	0.43g
Proline	1.57g
Glutamine & Glutamic Acid	4.93g

***% RDA values based on ICMR RDA for men sedentary activity.
***% RDA values are not established by ICMR.

ISO ELITE WHEY



27G
PROTEIN

5.7G
BCAA

0G
CARBS

0G
SUGAR

Flavours available :



1KG
₹4999

2KG
₹8799

MUSCLE BLAST

100% WHEY ISOLATE



25G
PROTEIN

4.8G
BCAA

0G
CARBS

0G
SUGAR

Flavours available :



CHOCOLATE



COLD COFFEE



MALAI KULFI



LYCHEE



COOKIES N CREAM



MANGO



VANILLA ICECREAM

1KG
₹4399

2KG
₹7499

Nutrition Facts

Nutrients	Per Serving (33g)	Amount Per (100g)
Energy	104.5Kcal	316.6Kcal
Protein	25g	75.75g
Carbohydrates	0g	0g
Dietary Fiber	0g	0g
Total Sugar	0g	0g
Fats	0.5g	1.5g
Saturated Fat	0.1g	0.3g
Trans Fat	0g	0g
Cholesterol	2mg	6g
Potassium	367mg	1112mg
Sodium	165mg	500mg

Leucine	2.4g	7.2g
Isoleucine	1.2g	3.6g
Valine	1.2g	3.6g
Aspartic Acid	2.5g	7.5g
Glutamic Acid	3.5g	10.6g
Serine	1.8g	5.4g
Glycine	1.2g	3.6g
Histidine	0.9g	2.7g
Arginine	2g	6g
Threonine	1.1g	3.3g
Alanine	1.3g	3.9g
Proline	1.2g	3.6g
Tyrosine	0.8g	2.4g
Methionine	0.4g	1.2g
Cysteine	0.6g	1.8g
Phenylalanine	0.9g	2.7g
Lysine	1.2g	3.6g
Tryptophan	0.5g	1.5g

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

MUSCLE BLAST

EXCELLENT COLLEGEN WHEY

Nutrition Facts

Serving per container : ~55
Serving Size : 1 Scoop (36g)

Nutrients	Amount per Serving	Amount Per (100g)	%RDA
Energy	134.6Kcal	373.8Kcal	6.7%
Protein	24g	66g	45.56%
Total Carbohydrates	4.7g	13g	**
Total Sugar	0g	0g	**
Added Sugar	0g	0g	0.0%
Total fat	2.2g	6g	3.1%
Saturated Fat	0.7g	1.9g	2.35%
Trans Fat	0g	0g	0.0%
Cholesterol	08mg	22.2mg	**
Potassium	200mg	555.5mg	4.67%
Sodium	55mg	152.7mg	2.29%
Marine Collagen Peptides	5g	13.8mg	**
Digestive Enzymes Blend	110mg	305mg	**

Typical Amino Acid Profile (Per serving)

Essentials Amino Acids (EAA)	12.35g
Tryptophan	0.31g
Valine	1.36g
Isoleucine	1.58g
Leucine	2.41g
Lysine	2.12g
Phenylalanine	0.74g
Methionine	0.9g
Threonine	1.72g
Histidine	1.21g
Semi Essentials Amino Acids (CAAs)	6.39g
Arginine	0.6g
Cystine	0.6g
Tyrosine	0.66g
Proline	0.31g
Glutamine & Glutamic Acid	4.22g
Non-Essentials Amino Acids (NAAs)	5.31g
Aspartic Acid	2.51g
Serine	1.18g
Glycine	0.43g
Alanine	1.19g

24G
PROTEIN

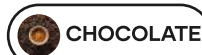
5G
COLLAGEN

5.3G
BCAA

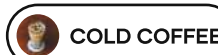
0G
SUGAR



Flavours available :



CHOCOLATE



COLD COFFEE

1KG
₹3499

2KG
₹6799

MUSCLE BLAST

PRIME NITRO WHEY



24G
PROTEIN

3G
CREATINE

500MG
ASHWAGANDHA

500MG
TRIBULUS
TERRESTRIS

Flavours available :



COLD COFFEE



CHOCOLATE



AMERICAN ICECREAM



MIX BERRIES

1KG
₹3099

2KG
₹5499

3KG
₹7899

Nutrition Facts

Serving per container : 25
Serving Size : 1 Scoop (40g)

Nutrients	Per Serving (40g)	Per Product (100g)
Energy	116.7Kcal	291.75Kcal
Protein	24g	60g
Carbohydrates	1.35g	3.37g
of Which Sugar	0g	0g
Fat	1.7g	4.25g
Of Which Saturates	1.2g	3g
Fibre	2.5g	6.25g
Sodium	81mg	202mg
Creatine Monohydrate	3g	7.5g
Ashwagandha	500mg	1250mg
Tribulus Terrestris	500mg	1250mg
L-Arginine	500mg	1250mg
Digestive Enzymes	150mg	375mg

Amino Acid Profile

Branch Chain Amino Acids (per 100g)

Leucine	8.5g
Isoleucine	4.3g
Valine	4.3g

Essential Amino Acids (per 100g)

Lysine	7.7g
Methionine	1.9g
Phenylalanine	2.9g
Tryptophan	1.1g
Threonine	0.8g

Semi Essential Amino Acids (per 100g)

Aspartic Acid	11g
Glumatic Acid	16.5g
Serine	3.5g
Glycine	1.9g
Histidine	1.8g
Arginine	3.4g
Alanine	4.9g
Proline	5.9g
Tyrosine	2.5g
Cysteine	2.2g

Nutrition Facts

Serving per container : ~40
Serving Size : 1 Scoop (50g)

Nutrients	Amount Per (100g)	Amount Per Serving
Energy	164.6Kcal	329.2Kcal
Protein	30.2g	60.4g
Carbohydrates	2.4g	4.8g
of which Sugar	0g	3.6g
Fat	2.6g	5.2g
of which saturates	1.2g	2.4g
Fibre	4.2g	8.4g
Sodium	81mg	162mg
Flaxseed Powder	1000mg	2000mg
CLA	500mg	1000mg
Cocoa Extract	600mg	1200mg
Chromium	80mcg	160mcg
Acetyl L-Carnitine	100mg	200mg
Guarana Extract	500mg	1000mg
Lecithin	500mg	1000mg
Inulin	4000mg	8000mg
Green Tea Extract	150mg	300mg

Amino Acids Profile

Leucine	3.1g	6.2g
Isoleucine	2.1g	4.2g
Valine	2.2g	4.4g
Aspartic Acid	2.5g	5g
Glumatic Acid	4.5g	9g
Serine	1.6g	3.2g
Glycine	1.2g	2.4g
Histidine	1.6g	3.2g
Arginine	2g	4g
Threonine	1.6g	3.2g
Alanine	1.3g	2.6g
Proline	1.2g	2.4g
Tyrosine	0.8g	1.6g
Methionine	0.4g	0.8g
Cysteine	0.6g	1.2g
Phenylalanine	1.2g	2.4g
Lysine	1.8g	3.6g
Tryptophan	0.5g	1g

ULTRA RIPPED WHEY

30G
PROTEIN

500mg
CLA

150mg
GREEN TEA

6 FAT
BURNERS
INDUCED



Flavours available :



COLD COFFEE



CHOCOLATE



AMERICAN ICECREAM



MIX BERRIES



KESAR PISTA

1KG
₹3799

2KG
₹6599

MUSCLE BLAST

MUSCLE BLAST

MICRONIZED CREATINE FLAVOUR



3G
CREATINE

TRAIN
HARDER

MUSCLE
RECOVERY

ENHANCE
STRENGTH

Nutrition Facts

Total Servings : 62
Serving Size : 4g

Nutrients	Per Serving (4g)	%RDA
Creatine Monohydrate Powder	3g	**

** Recommended Daily Allowance (RDA) not established
% RDA of Nutrients as per guidelines of Indian Council of Medical Research (ICMR) 2020.

Ingredients :
Creatine Monohydrate Powder, Artificial Sweetener, Nature identical & Artificial Flavour, Anticaking Agent (INS 551)

Flavours available :



250G
₹1299

MICRONIZED CREATINE

MUSCLE BLAST

MICRONIZED FORMULA FOR ENHANCED ABSORPTION:

Muscle Blast Creatine Monohydrate has been formulated using micronization technology. This advanced formulation allows rapid release of creatine to the muscles, thereby improving its utilization, and making it easier to build muscle mass and strength.

100% PURE CREATINE:

Muscle Blast Creatine increases the energy available to your muscles, boosting strength, reducing fatigue and allowing you to push your limits.

ENHANCED LEAN MUSCLE GAINS:

Creatine promotes muscle volumization, boosts lean muscle mass and results in faster gains in size and strength.

MAXIMISED PERFORMANCE & RECOVERY:

Muscle Blast Creatine Monohydrate supplement is formulated to help you endure long lasting training sessions while reducing muscle soreness & improving recovery rates.

CLEAN, PURE & UNFLAVOURED CREATINE FOR GYM:

Muscle Blast Creatine is 100% pure creatine with no added flavour, no banned substances, no artificial colours, no fillers, and no sugar.

3G
CREATINE

TRAIN
HARDER

MUSCLE
RECOVERY

ENHANCE
STRENGTH



250GM
₹1599

100GM
₹699

MUSCLE BLAST

ESSENTIAL AMINO ACIDS



2.5G
L-LEUCINE

1.25G
L-ISOLEUCINE

1.25G
L-VALINE

1G
L-GLUTAMINE

Flavours available :



PINEAPPLE



PINK GUAVA



WATERMELON



BLUEBERRY



ORANGE

300G
₹2099

Nutrition Facts

Serving per container : ~30
Serving Size : 1 Scoop (10g)

Nutrients	Amount Per (100g)	%RDA
Energy	1.27Kcal	0.05
Protein	0g	0.00
Carbohydrates	0.35g	**
Sugar	0g	**
Fat	0g	0.00
Saturated Fat	0g	**
L-Glutamine	1g	**

Electrolyte Hydration Matrix

Potassium Citrate	350mg	3
Sodium Chloride	250mg	2

Essential Amino Acid Blend

L-Leucine	2.5g	81.16
L-Isoleucine	1.25g	77.63
L-Valine	1.25g	61.57
L-Lysine	1.00g	40.81
L-Threonine	1.00g	79.63
Histidine	0.30g	35.71
DL-Methionine	0.10g	7.93
L-Phenylalanine	75mg	3.57
L-Tryptophan	25mg	7.44

INGREDIENTS:

L-Leucine, L-Isoleucine, L-Valine, L-Lysine, L-Threonine, Histidine, DL-Methionine, L-phenylalanine, L-Tryptophan, L-Glutamine, Acidity Regulator (INS 330), Dextrose Anhydrous, Anticaking Agent (INS551), Sweetening Agent (INS 950 & 955), INS 296 -Acidity Regulator, INS 950-Artificial Sweetener. Contains permitted natural food colour & added flavouring substance.

MUSCLE BLAST

MICRONIZED GLUTAMINE

Muscle Blast L-Glutamine provides 5 g of micronized glutamine that helps in soothing the muscles to boost the recovery process and restricts muscle breakdown post-workout.

Muscle Blast L-Glutamine is free from any kind of adulteration and contains micro-filtered L-Glutamine that your muscles are easily able to absorb and show better results.

Muscle Blast L-Glutamine supplement helps in enhancing the immune system response and ensures that there are no breaks in your workout routine. Muscle Blast L-Glutamine drink helps to enhance the blood flow to the muscles. Thus, resulting in enhanced muscle volume and higher stamina.

To maintain optimal digestion and nutrient absorption, Muscle Blast L-Glutamine for women & men helps by maintaining a healthy gut flora, which is essential for overall health. A healthy gut improves our immunity.

Nutrition Facts

Serving per container : ~60
Serving Size : 5g

Nutrients	Per Serving (5g)	%RDA
L-Glutamine Powder	5g	**

** Recommended Daily Allowance (RDA) not established
% RDA of Nutrients as per guidelines of Indian Council of Medical Research (ICMR) 2020.

INGREDIENTS:

L-Glutamine Powder. Anticaking Agent (INS 551)

Keep in cool and dry place. Not for medical use.
The product is required to be stored out of reach of children.
This product is not intended to diagnose, treat cure or prevent any disease(s).
Do not exceed recommended daily usage.

5G
L-GLUTAMINE

1.5MG
SODIUM

0G
SUGAR

0G
CARBS



300G
₹1899

MUSCLE BLAST

THUNDERVOLT PRE WORKOUT



4G
BETA ALANINE

3G
CITRULLINE

500MG
CREATINE

200G
CAFFEINE

Flavours available :



400G
₹2649

Nutrition Facts

Serving per container : ~40
Serving Size : 1 Scoop (10g)

Nutrients	Amount Per Serving
Energy	5.89Kcal
Protein	0g
Total Fat	0g
Carbohydrate	1.5g
Sugar	0g
Beta-Alanine	4000mg
L-Citrulline	3000mg
Arginine Alpha Ketoglutarate	500mg
Creatine HCL	500mg
Caffeine Anhydrous	200mg
L-Tyrosine	200mg
L-Taurine	500mg
L-Theanine	100mg
Green tea	50mg
Niacinamide	20mg
Excipients	q.s.

Electrolyte Blend

Sodium Chloride, Sodium Citrate, Potassium Citrate	350mg
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INGREDIENTS:

Beta-Alanine, L-Citrulline, Arginine Alpha Ketoglutarate, Creatine HCL, Sodium Chloride, Sodium Citrate, Potassium Citrate, Caffeine Anhydrous, L-Tyrosine, L-Taurine, L-Theanine, Green tea, Niacinamide, Acidity Regulator (INS 296), Anticaking Agent (INS 561), Artificial Sweetener (INS 955), Nature Identical & Artificial Flavour.

MUSCLE BLAST

Nutrition Facts

Serving per container : ~10
Serving Size : 2 Scoop (100g)

Nutrients	Amount Per (100g)	%RDA
Energy	376.7Kcal	18.83%
Protein	17g	27.78%
Total Carbohydrates	72g	**
Total Sugar	0.5g	**
Added Sugar	0g	0.00%
Total Fat	2.3g	3.43%
Saturated Fat	1.1g	5%
Trans Fat	0g	0.0%
Cholesterol	5mg	**
Total Sodium	153mg	7.65%

Amino Power Complex

Creatine monohydrate	3000mg	**
L-Glutamine	1500mg	**
L-Leucine	750mg	**
L-Isoleucine	375mg	**
L-Valine	375mg	**

Added Vitamins and Minerals

Vitamin C	26mg	32.5%
Vitamin E	6.6mg	66.66%
Niacinamide	6mg	42.85%
Panthenic acid	2.66mg	53.2%
Thiamine	0.66mg	47.14%
Riboflavin	0.66mg	33%
Vitamin B6	0.6g	31.58%
Vitamin A	510 IU	15.3%
Vitamin D	23.33 IU	3.89%
Biotin	10mcg	25%
Vitamin B12	0.66mcg	30%
Phosphorus	300mg	30%
Calcium	127mg	12.7%
Magnesium	80mg	18.18%
Zinc	8mg	47.06%
Iron	7.4mg	38.95%
Iodine	32mcg	22.86%

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

PRO MASS GAINER



17G
PROTEIN

72G
CARBS

3G
CREATINE

1.5G
L-GLUTAMINE

Flavours available :



1KG
₹1899

2.7KG
₹3199

5KG
₹6399

MUSCLE BLAST

ONESIDE PREWORKOUT



2.2G
BETA ALANINE

2G
L-CITRULLINE

1G
CREATINE

200MG
CAFFEINE

Flavours available :

- ORANGE
- WATERMELON
- BLUEBERRY
- PINEAPPLE
- PINK GUAVA

250G
₹1699

Nutrition Facts

Serving per container : ~30
Serving Size : 1 Scoop (10g)

Nutrients	Amount Per (10g)	Amount Per (100g)
Energy	2.95Kcal	295Kcal
Protein	0g	0g
Total fat	0g	0g
Carbohydrates	1.5g	15g
Sugar	0g	0g
Beta-Alanine	2250mg	22.5g
L-Citrulline	2000mg	20g
Arginine Alpha Ketoglutarate	1250mg	12.5g
Creatine HCL	1000mg	10g
Electrolyte Blend • Sodium Chloride, Sodium Citrate, Potassium Citrate	175mg	1750mg
Caffeine Anhydrous	200mg	2000mg
L-Tyrosine	100mg	1000mg
L-Taurine	250mg	2500mg
Choline	50mg	500mg
Beet Root Extract	125mg	1250mg
Green Tea	25mg	250mg
Tribulus Terrestris	25mg	250mg
Ashwagandha	25mg	250mg
D-Aspartic Acid	25mg	250mg
Niacinamide	10mg	100mg
Zinc	5mg	50mg
Black Pepper	5mg	50mg
Excipients	q.s.	q.s.

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

MUSCLE BLAST

Nutrition Facts

Serving per container : ~30
Serving Size : 1 Scoop (10g)

Nutrients	Amount Per Serving (60g)	Amount Per Product (100g)
Energy	208Kcal	347Kcal
Protein	13.2g	22g
Carbohydrates	34.8g	56g
Sugar	3g	5g
Fat	1.8g	3g
Lenoleic acid (Omega 6 Fatty Acid)	0.258g	0.43g
Lenoleic acid (omega 3 Fatty Acid)	0g	0g
Saturated Fatty Acid	1.1g	1.84g
Mono-Unsaturated Fatty acid	0.174g	0.29g
Plyunsaturated fatty acid	0.264g	0.44g
Trans Fat	0g	0g
Cholesterol	0g	0g
Creatine Monohydrate	1.8g	3g
Glutamine	1.2g	2g
BCAA	1.8g	3g
Dietary Fiber	60mg	100mg
Ashwagandha	360mg	600mg
Tribulus Terrestris	240mg	400mg
Digestive Enzymes	132mg	220mg

Added Vitamins and Minerals

Vitamin A	300mcg	500mcg
Vitamin C	36mg	60mg
Vitamin D	240iu	400iu
Vitamin E	6iu	10iu
Vitamin K	42mcg	70mcg
Vitamin B1	0.9mg	1.5mg
Vitamin B2	1mg	1.7mg
Vitamin B6	1.2mg	2mg
Vitamin B12	1.2mcg	2mcg
Vitamin B3	11.4mg	19mg
Vitamin B5	2.4mg	4mg
Folic Acid	120mcg	200mcg
Biotin	18mcg	30mcg
Iron	6mg	10mg
Calcium	90mg	150mg
Sodium	108mg	160mg
Iodine	90mcg	150mcg
Selenium	30mcg	50mcg
Magnesium	210mcg	350mcg
Zinc	9mg	15mg
Copper	0.9mg	1.5mg
Molybdenum	45mcg	75mcg

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

XTREME LEAN MASS GAINER



22G
PROTEIN

72G
CARBS

3G
CREATINE

1.5G
L-GLUTAMINE

Flavours available :

- COLD COFFEE
- CHOCOLATE
- MALAI KULFI

1KG
₹2199

2KG
₹3999

4KG
₹6199

MUSCLE BLAST

TESTO PLUS



1000MG
TRIBULUS
TERRESTRIS

300MG
WITHANIA
SOMNIFERA

300MG
MUCUNA
PRURIENS

200MG
SAFED MUSLI

60 TABLETS
₹1599

Nutrition Facts

Serving per container : 60 Tablets
Serving Size : 1 Tablet

Nutrients	Per 2 Tablets	%RDA
Energy	0.56Kcal	0.25%
Fats & Its Derivatives	0g	**
Saturated fat	0g	**
Polysaturated Fat	0g	**
Mono Saturated fat	0g	**
Cholesterol	0mg	**
Sodium	0mg	**
Protein	0.2mg	0.03%
Carbohydrates	0.12mg	**
Tribulus Terrestris Extract	1000mg	**
Whithania Somnifera Extract	300mg	**
Mucuna Pruriens Extract	300mg	**
Safed Musali Extract	200mg	**
Ginko Biloba Extract	50mg	**

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA based on 2000 calories diet.

MUSCLE BLAST

Nutrition Facts

Serving per container : 60 Tablets
Serving Size : 1 Tablets

Ingredients	Per tablet	%RDA
Antioxidants		
Citrus Bioflavonoids	10mg	*
Co-Q10	10mg	*
Alpha Lipoic Acid	10mg	*
Beta Carotene	3mg	*
Lycopene	500mcg	*
Green Tea Extract	50mg	*
Skin, Hair, Bones and Joints		
Vitamin E (D Alpha Tocopherol)	10mg	100%
Vitamin C (Ascorbic Acid)	40mg	100%
Biotin B7	30mcg	*
Magnesium	60mg	17.65%
Calcium Carbonate	60mg	10%
Phosphorus	46mg	7.67%
K2	55mcg	100%
Vitamins		
Folic Acid	120mcg	100%
Nicotinamide B3	18mg	100%
Pantothenic Acid B5	5mg	100%
Vitamin A	2000iu	100%
Thiamine B1	1.4mg	100%
Riboflavin B2	1.7mg	100%
Pyridoxine B6	2mg	100%
	1mcg	100%
Minerals		
Copper	2mg	100%
Iron	17mg	100%
Manganese	2mg	100%
Iodine	150mcg	100%
Potassium	10mg	0.26%
Chromium	50mcg	100%
Immunity Support		
Ashwagandha	200mg	*
Vitamin D3	400iu	100%
Selenium	40mcg	100%
Zinc	12mg	100%
Curcumin Extract	25mg	*
L-Glutathione	15mg	*

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

MULTIVITIS (MULTI-VITAMIN)

200MG
ASHWAGANDHA

40MG
VITAMIN-C

10MG
Co-Q10

50MG
GREEN TEA
EXTRACT



60 TABLETS
₹799

MUSCLE BLAST

MILK THISTLE



250MG
MILK THUSTLE

TOXIN
FILTRATION

LIVER
VITALITY

ENHANCE
DIGESTION

Nutrition Facts

Serving per container : 60
Serving Size : 1 Capsules

Ingredients	Amount per Capsules	%RDA
Milk Thistle (Silybum Marianum Extract) Silymarin > 80%	250mg	-
Energy	1.41Kcal	0.01
Carbohydrates	0.1651g	0.08%
Dietary Fibre	0.29g	**

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

60 CAPS
₹999

MUSCLE BLAST

FISH OIL

Nutrition Facts

Serving per container : 60 Softgels
Serving Size : 1 Softgels

Ingredients	Per Softgel
Omega - 3 Fatty Acids	1400mg
EPA (Eicosapentaenoic acid)	800mg
DHA (Docosahexaenoic acid)	500mg
Other Omega-3 Fatty Acids	100mg

1400MG
OMEGA-3

800mg
EPA

500MG
DHA

100MG
Other OMEGA-3



** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

INGREDIENTS:
Salmon Fish Oil, Gelatin Animal Origin (E441), (Capsule Shell), Edible Oil, Permitted Food Colour (E104, E110, E155 & E171), Emulsifying & Stabilizing Agent, (E420 & E422), Preservatives (E201 to E203) Antioxidants (E321), & Purified Water.

60 SOFTGELS
₹999

MUSCLE BLAST

ASHWAGANDHA



500MG
ASHWAGANDHA

10MG
VIT-E

2MG
VIT-B6

200MCG
VIT-B9

Nutrition Facts

Serving per container : 60 Capsules
Serving Size : 2 Capsules

Ingredients	Amount per Capsules	%W/W
Energy	0.8Kcal	
Total Fat	0g	
Saturated fat	0g	
Trans Fat	0g	
Total Carbohydrate	0g	
Excipients	q.s.	
Ashwagandha (Withania Somnifera) Ext.	500mg	56.25%
Vitamin B6	2mg	1.31%
Vitamin E	10mg	100%
Vitamin B9	200mcg	100%
Vitamin B12	1mcg	0.18*

60 TABLETS
₹899

MUSCLE BLAST

L-ARGININE

Nutrition Facts

Serving per container : 60 TABLETS
Serving Size : 1-2 TABLETS

Ingredients	Per servings	%RDA
Energy	0.4 Kcal	0.3%
Fats & Its Derivatives	0g	**
Saturated Fat	0g	**
Poly Unsaturated Fat	0g	**
Mono Saturated Fat	0g	**
Cholesterol	0mg	**
Sodium	0mg	**
Protein	0mg	**
Carbohydrates	0.42mg	**

Ingredients	Per Tablets	%RDA
L-Arginine	1000mg	**
Excipients	q.s.	

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

1000MG
L-ARGININE

ENERGY

**MUSCLE
RECOVERY**

ENDURANCE



60 CAPSULES
₹1099

MUSCLE BLAST

ALL-IN-ONE VITA - PACK



60 TABLETS
₹3999

MULTI MULTI
TABLETS

OMEGA-3
SOFTGELS

VITAMIN-C
TABLETS

TESTO BOOSTER
TABLETS

ENERGY &
FOCUS TABLETS

JOINT SUPPORT
TABLETS

DIGESTIVE
ENZYMES TABLETS

LIVER DETOX
TABLETS

NUTRITION FACTS

Serving size : 1pack
Packs per jar : 30 packs

Multivitamin Blend

Natural Extract Antioxidant

Co-Q10	10mg	*
Beta Carotene	3mg	*
Citrus Bioflavonoids	10mg	*
Green Tea Extract	50mg	*
Lycogene	500mcg	*
Alpha Lipoic Acid	10mg	*

Skins, Hairs, Joints and Bones

Vitamin E	10mg	100%
Vitamin C	40mg	100%
Biotin-C7	30mcg	*
Magnesium	60mg	17.65%
Calcium Carbonate	60mg	10%
Phosphorus	46mg	7.67%
Vitamin K2	55mcg	100%

Vitamins

Folic Acid	120mcg	100%
Nicotinamide-B3	18mg	100%
Pantothenic Acid-B5	5mg	100%
Vitamin A	2000iu	100%
Thiamine-B1	14mg	100%
Riboflavin-B2	17mg	100%
Pyridoxine-B6	2mg	100%
B12	1mcg	100%

Minerals

Copper	2mg	100%
Iron	17mg	100%
Manganese	2mg	100%
Iodine	150mcg	100%
Potassium	10mg	0.26%
Chromium	50mcg	100%

Immunity Support

Ashwagandha	200mg	*
Vitamin D3	400iu	100%
Selenium	40mcg	100%
Zinc	12mg	100%
Curcumin Extract	25mg	**
L-Glutathione	15mg	**

Immunity Booster

Vitamin-C	500mg	**
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Liver Detox

Milk Thistle Seed Powder	500mg	**
Betaine Anhydrous	150mg	**

Turmeric Root Extract	100mg	*
Hawthorne Berry	250mg	*
Beet Root	200mg	*
Vit-C	45mg	*
Vit-E	10mg	*
Selenium	250mcg	*

OMEGA-3

Omega-3 Fatty Acids	1000mg	*
EPA (Eicosapentaenoic acid)	550mg	*
DHA (Docosahexaenoic acid)	350mg	*
Other Omega-3 Fatty acids	100mg	*

Testo Booster Blend

Cordyceps Militaris	1000mg	**
Ashwagandha	500mg	**
Safed Musli	500mg	**
Horny Goat Weed	500mg	**
Maca Root	150mg	**
Epimedium Extract	750mg	**
L-Arginine	1000mg	**

Power and Focus

Korean Ginseng Extract	200mg	**
Siberian Ginseng Extract	150mg	**
American Ginseng Extract	150mg	**
Maca Extract	150mg	**
L-Tyrosine	150mg	**
green Tea Leaf Extract	150mg	**
Ginkgo Biloba Leaf	150mg	**
D-Glucuronolactone	100mg	**

Digestive Enzymes

Inulin	250mg	**
Ginger Root	200mg	**
Bromelain	100mg	**
Papain	64mg	**
Lipase	10mg	**
Bioperine	5mg	**
Astragin	25mg	**

Joint Support

Glucosamine Hydrochloride	500mg	**
MSM	200mg	**
Fenu Greek	200mg	**
Boswellia	200mg	**
Turmeric	100mg	**
Vit-C	20mg	**

MUSCLE BLAST

Nutrition Facts

Serving per container : ~30
Serving Size : 1 Scoop (10g)

Ingredients	Per servings
Energy	0.11Kcal
BCAA'S	7000mg
L-Leucine	3500mg
L-Isoleucine	1750mg
L-Valine	1750mg
L-Citrulline DL-Malate	1000mg
Carbohydrate	0.03g
Added Sugar	0g
Protein	0g
Total Fats	0g
Cholesterol	0mg
Sodium	50mg
Potassium	60mg

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

300GM
₹1999

AMINO EXTREME BCAA 2:1:1

7G
BCAA

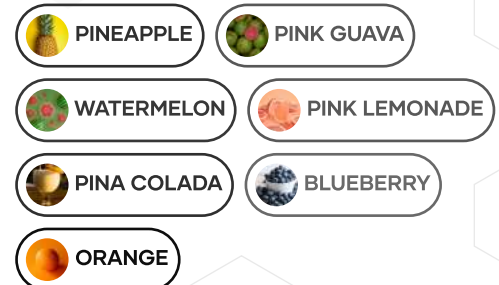
3.5G
L-LEUCINE

1.7G
L-ISOLEUCINE

1.7G
L-Valine



Flavours available :



MUSCLE BLAST

L-CARNITINE



3G
L-CARNITINE

2.25MG
RASPBERRY
KETONES

**LOW
CARBS**

0G
SUGAR

Flavours available :



475ML
₹2099

Nutrition Facts

Serving per container : ~31
Serving Size : 1 Table Spoon (15ml)

Ingredients	Per (100ml)	Per (15ml)	%RDA
Energy	28Kcal	4.2Kcal	0.26
Protein	0g	0g	0g
Total Fat	0g	0g	0g
Saturated fats	0g	0g	0g
Cholesterol	39mg	5.9mg	**
Total Carbohydrates	14.4g	2.16mg	**
Total Sugar	0g	0g	0g
Acetyl L-Carnitine	20g	3g	**
Raspberry Ketones	50mg	2.25mg	**

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

OTHER INGREDIENTS:

Purified Water, Natural Flavours, Potassium Sorbate, Beta Carotene, Sucralose, Acesulfame, Citric Acid, Sodium Benzoate, Nature identical artificial flavour.

MUSCLE BLAST

ZMA - ZINC MAGNESIUM ASPARTATE

ZMA - Zinc Magnesium Aspartate - Zinc trace mineral is crucial for over 300 enzymatic reactions in the body, including those involved in metabolism, digestion and immune function. Adequate zinc levels are essentials for maintaining optimal health and may support muscle recovery and growth. Magnesium Aspartate mineral is involved in numerous biochemical reactions, including energy production and muscle function. Magnesium also plays a role in regulating sleep patterns and may help manage stress levels.

Nutrition Facts

Serving per container : 60 Tablets
Serving Size : 2 Tablets

Ingredients	Per servings
Magnesium As Aspartate	1018.5mg
Magnesium Oxide	194.6mg
Zinc Oxide	10.625mg
Vitamin B6	1.2mg
Excipients	52.5mg

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

INGREDIENTS:

Microcrystalline Cellulose, (INS 460 (I)), Talc (INS 553 (III)), Stearic Acid (INS 570), Silicon Dioxide (INS 551) (551).

1018mg
MAGNESIUM AS
ASPARTATE

194MG
MAGNESIUM
OXIDE

10.6MG
ZINC OXIDE

1.2MG
VITAMIN B6



60 Tablets
₹799

MUSCLE BLAST

HYDROXY - SHRED CORE



500MG
CARALLUMA
FIMBRIATA

110MG
GARCINIA
CAMBOGIA

50MG
GREEN COFFEE

30MG
GREEN TEA

60 TABLETS
₹999

Nutrition Facts

Serving per container : ~31
Serving Size : 1 Table Spoon (15ml)

Ingredients	Per (100ml)	Per (15ml)	%R DA
Energy	28Kcal	4.2Kcal	0.26
Protein	0g	0g	0g
Total Fat	0g	0g	0g
Saturated fats	0g	0g	0g
Cholesterol	39mg	5.9mg	**
Total Carbohydrates	14.4g	2.16mg	**
Total Sugar	0g	0g	0g
Acetyl L-Carnitine	20g	3g	**
Raspberry Ketones	50mg	2.25mg	**

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

OTHER INGREDIENTS:

Purified Water, Natural Flavours, Potassium Sorbate, Beta Carotene, Sucralose, Acesulfame, Citric Acid, Sodium Benzoate, Nature identical artificial flavour.

MUSCLE BLAST

Nutrition Facts

Serving per container : 60 Tablets
Serving Size : 2 Tablets

Ingredients	Qty (100g)	Qty (50g) with 250ml Cow milk	%RDA
Energy	437.5Kcal	437.5Kcal	18.66
Protein	24g	24g	22.2
Carbohydrate	55g	55g	**
Total Sugar	15g	15g	**
Added Sugar	0g	0g	**
Dietary Fibre	9g	9g	11.25
Total Fat	8.2g	8.2g	6.1
Saturated Fatty Acids	1.2g	1.2g	10.23
Mono Unsaturated fatty Acids	0g	0g	**
Poly Unsaturated Fatty Acids	0g	0g	**
Trans Fatty Acids	<0.01g	<0.01g	<0.25
Cholesterol	0mg	0mg	**
Sodium	210mg	210mg	5.25

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

INGREDIENTS:

Bajra Flakes, Ragi Flakes, Corn Flakes, Rolled Oats, Texturised Soy protein, Jaggery Powder, Cranberry, Almonds, Honey, Sesame Seeds, Jawar Flakes, Pumpkin Seed, Flex Seeds, Cinnamon, Pink Salt, Cocoa Powder, Nature Identical Chocolate Flavour

MUESLI - HIGH PROTEIN

19g
PROTEIN

4.5MG
FIBRE

373Kcal
ENERGY

**Lasting
Energy**



1KG
₹899

MUSCLE BLAST

MARINE COLLAGEN



10G
MARINE
COLLAGEN

1.3G
GLUCOSAMINE

25MG
HYALURONIC
ACID

75MG
VITAMIN-C

250G
₹2299

Nutrition Facts

Serving per container : ~20
Serving Size : 1 Scoop (12.5g)

Ingredients	Per Serving (12.5g)
Energy	42.0Kcal
Carbohydrate	1.01g
Protein	10.0g
Fat	0.0g
Marine Collagen Peptide	10g
Glucosamine Sulphate Potassium Chloride	1320g
Vitamin-C	75mg
Hyaluronic Acid	25mg

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

OTHER INGREDIENTS:

Bioactive Marine Collagen Peptide, Glucosamine Sulphate Potassium Chloride, Hyaluronic Acid, Acidity Regulator (H 16/320), Ascorbic Acid, Sweetener (INS 955), Colloidal Silicon Dioxide (INS 551) & Artificial Flavour.

MUSCLE BLAST

Nutrition Facts

Serving per container : ~28
Serving Size : 1 Scoop (35g)

Nutrients	Amount Per Serving	Amount Per (100g)
Energy	126.92Kcal	362.6Kcal
Total Carbohydrates	31.72g	90.6g
Added Sugar	15g	42.85g
Dextrose Monohydrate	15g	42.85g
Dietary Fibre	0g	0g
Protein	0g	0g
Fat	0g	0g
Cholesterol	0g	0g
Zinc	32.5mg	92.85mg
Vitamin C	50mg	142.85mg
Added BCAA	250mg	714mg
Leucine	150mg	428mg
Isoleucine	50mg	143mg
Valine	50mg	143mg
L- Glutamine	300mg	857mg
Citrulline Malate	1000mg	2.94g
Beta Alanine	300mg	857mg
L-Taurine	250mg	714mg
L-Arginine	150mg	429mg

Essential Minerals

Sodium	200mg	571mg
Potassium	75mg	214mg
Magnesium	50mg	142.8mg
Phosphorus	24mg	68.5mg
Chloride	386mg	1103mg
Calcium	65mg	185mg

** Recommended Daily Allowance (RDA) values are not established by ICMR.
% RDA values based on ICMR RDA for men sedentary activity.

126Kcal
CALORIES

1000MG
CITRULLINE

50MG
VITAMIN-C

250MG
BCAA

HYDRO ISOTONIC DRINK



Flavours available :



1KG
₹699

MUSCLE BLAST

MUSCLE BLAST



GAME CHANG GER

ELEVATE YOUR POTENTIAL
WITH THE ONE-SIDE

ORDER NOW



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